

Remove
corns
this easy way

See full details on page 6&7



RADOX BATH SALTS are a balanced preparation of mineral salts which, when dissolved in the bath, form an artificial mineral water impregnated with valuable salts and supercharged with energising oxygen, combining the properties of the world-famous bath waters of

Marienbad, Carlsbad, Vichy,

and similar medicinal baths

known all over the world for their medicinal value and visited constantly by thousands of persons suffering from Rheumatism, Sciatica, foot troubles, Gout, Lumbago, Neuritis, and kindred ailments, due to an excess of uric acid in the blood.



A Continental Spa.

It is easy to understand that Spa water has no medicinal quality *in itself*; it is the mineral salts contained in the water which make it valuable medicinally.

Radox Bath Salts, dissolved in lifeless tap water, impart to it the self-same properties of the medicinal Spa waters, because they put into

it the same scientifically determined ingredients of Spa waters. It is possible, by evaporation and chemical analysis, to demonstrate the number and proportions of mineral salts contained in Spa water, and this analysis, if compared, would be found to be identical with the formula employed in the making of Radox Bath Salts. Thus Radox now brings the benefits of Continental Spas, previously enjoyed only by monied people, within reach of all.



Analysing Spa water.

It is a known fact that uric acid in the blood is the basic cause of
Rheumatism, Sciatica, Neuritis, Gout, Lumbago,
and kindred ailments.

Of the five eliminating organs of the body—the intestines, the kidneys, the liver, the skin and the lungs—the help of the liver and kidneys to people of Rheumatic and Gouty tendency, is especially important. The liver and the kidneys, however, are not entirely automatic in their eliminating action, being very largely dependent upon the skin. The skin has some $2\frac{1}{2}$ million pores or ducts a $\frac{1}{4}$ -in. in length, and it is known that perspiration and other skin secretions are strongly acid. Therefore, if the skin pores are kept searchingly cleansed,

they are able to "breathe" freely and eliminate actively, and the work of the liver and kidneys is greatly lightened. Mere soap and water can, at the best, wash only the surface of the skin. If the pores are to be kept free from acid secretions, an active, antiseptic, acid-dissolving solution, such as Radox Bath Salts provide, is necessary.

Radox Bath Salts help not only to eliminate acid secretions from the system, but also, by keeping the pores of the skin searchingly-cleansed, antiseptic and healthily functioning, they help the liver and kidneys

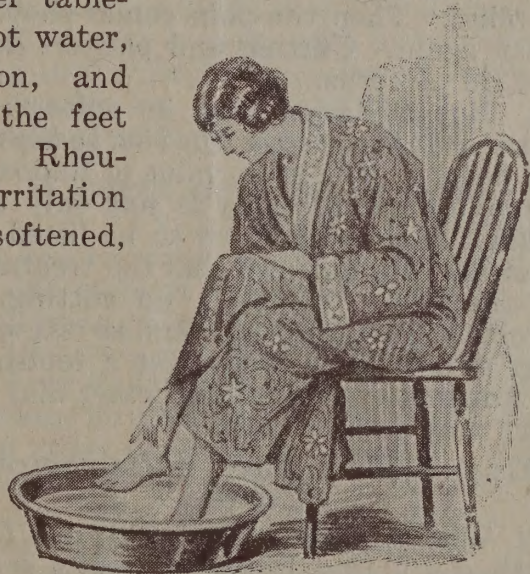


Lumbago is due to uric acid.

to eliminate uric acid, thus affording immediate relief in cases of Rheumatism, Sciatica, Neuritis, Gout, Lumbago, and kindred ailments. Another important action of Radox Bath Salts is that they liberate pure, and specially generated oxygen gas—which is the finest stimulant known to Science. When oxygen gas is set free in contact with the skin, it cleanses not only the pores of the sweat glands but also some of the oxygen is absorbed through these pores to get eventually into the blood, where it both purifies and stimulates the whole system—the effects being beneficially felt by the heart, the lungs, the liver, the kidneys, the nervous system—in fact, by every organ or part of the body.

Radox Foot Bath.

When the feet are hot, tender or burning through much standing or walking, tired out with exercise, or aching with gouty or rheumatic pains, irritable from perspiration, chilblains or corns, a Radox Foot Bath, made by dissolving one level tablespoonful of Radox in one gallon of hot water, draws out the pain and irritation, and eases the feet wonderfully. Keep the feet in the water for 20 minutes or so. Rheumatic or other pains are relieved, irritation and inflammation allayed, corns softened, and the feet so freshened that all discomfort disappears. The effect is energising and refreshing, and the feet are toned up to vigorous, hardy health. If a daily Radox Foot Bath is taken you will suffer no such foot troubles, however much standing or walking you do during the day.



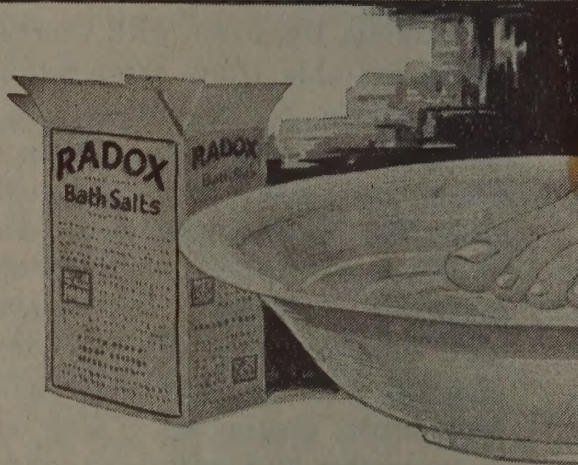
Remove Corns this easy way

YOU know the persistent pain of an old corn. It aches, and you cut it, and for a few days or a week there is relief. Then the pain comes shooting back again. Cutting and plasters don't get rid of corns.

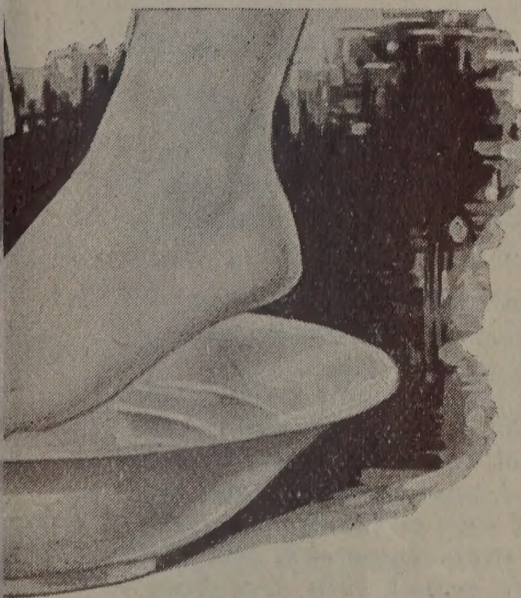
But a Radox bath so softens the corns that *they may be lifted out bodily with the fingers*. The great value of Radox for removing corns bodily is not only that Radox enables the corn to be lifted out root and all, but also that the treatment is absolutely painless; no cutting, no caustics, no bulging plasters, *no risk whatever of blood-poisoning*—just a foot-bath in antiseptic, oxygenated water and the corn may be lifted out.

How Radox Bath Salts remove Corns.

When you dip your foot into a foot-bath containing Radox the salts soften the hard outer layer of the corn and the



oxygen which Radox liberates enters the pores, carrying the corn-softening salts right to the root of the corn, which is thus loosened so that it may be lifted out bodily. Radox Bath Salts do not attack the living skin: it is



nly the dead skin—the corn—
which is dissolved. The life-giving
xygen leaves the feet clean and
ealthy. The corn is gone! It
an't ache because it isn't there.
'rove this to your profit. Read
hat users say :—

Corns picked right out.

" Radox is the only cure for corns, and does indeed cure them, as I have proved. I have cured hard corns and soft corns, also callouses. I soaked my feet for about 15 minutes, adding hot water when required with about two tablespoonfuls of Radox, and the result was marvellous. I actually picked the corn out by the root, and the hard skin peeled off. I wish everyone with bad corns would try Radox and prove for themselves its worth. You can make what use you like of this."

2nd January, 1928.

E. S.

6 corns gone in 10 days.

8, Albert Place, Londonderry.

" I had six corns on top of the toes of each foot, and suffered agonising pains. I spent pounds on so-called corn cures, which did me no good whatever, and then a friend suggested I should use Radox Bath Salts. I let the feet soak for at least 20 minutes with steaming hot water, with a tablespoonful of Radox in it. With the first treatment the pain of my feet was eased, and after using Radox for ten days I found that my expenditure of 1/6 on your Radox Salts had completely removed my corns."

Jan. 14th, 1928. J. LESLIE MENMUIR.

HOW TO REMOVE BLACKHEADS.



Are you troubled with blackheads? If so, read how this lady rid herself of this disfigurement. Then follow her exactly, from the buying of Radox to the use of cold cream. Without painful squeezing, without disfiguring blotches, blackheads will just come out on a towel.

"I used to be awfully troubled with blackheads, until one day I obtained a packet of Radox and put one teaspoonful in a small cup of boiling water, and with a sponge I sponged my face all over with the contents, as hot as could be used, morning and night, after the application thoroughly drying my face with a rough towel, and then rubbing in a little cold cream. Next morning I wash the cold cream off the face with the same quantity of salts as the night before, then spread a small quantity of vanishing cream over the face. The result is a wonderfully smooth skin, free from the awful disfiguring blackheads."

14th November, 1927.

C. F. B. (Tottenham).

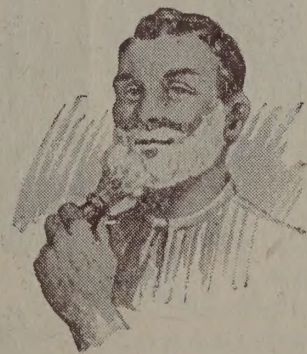
No painful pressure or squeezing is necessary by this method. No red or blotchy marks are left on the face through bruised skin. The pores are cleansed and the skin is made beautifully smooth and healthy.

Radox for the Complexion.

The freshening effect of oxygen upon the skin, and the value of soft rain water to the complexion are well known. A level teaspoonful of Radox Bath Salts in the hand-basin makes the water as soft and refreshing as water caught during a Spring shower, with all the tonic effects of oxygen in addition. The regular use of a pinch of Radox Bath Salts in the wash-basin restores and preserves the elasticity of the skin, keeping it as supple as a baby's, and free from wrinkles and folds. All traces of "greasiness" are removed, the tiny scales which clog the pores are dissolved, whilst the skin becomes soft, clear, healthily flushed and radiant, by the daily use of Radox in the wash-basin.

Radox Shave.

Half a teaspoonful of Radox in the shaving water makes shaving twice as easy. Radox actually softens the beard, making it extremely easy to the razor, produces a super-abundant lather charged with antiseptic and freshening oxygen, and removes any tendency to "after soreness."



HOW TO BECOME SLIM!

Advice on special treatment by the Medical Adviser to Radox.

The methods adopted by physicians and others to reduce weight are truly numerous. Some call for heroic self-sacrifice, some are actually injurious to health, and some are of no use at all. I have never advised any of my patients to adopt a severe line of treatment, so that my readers must please understand that *every single item* of my advice is to be conscientiously carried out, otherwise success will not be attained.

Baths. Baths form an essential part of most treatments for obesity. In the treatment described below, they are particularly important because I have something quite new to tell you about them, which will soon form the basis of an entirely new aid to reducing weight, already adopted in a special form by physicians in Paris and many other large towns in France. It is the injection under the skin, by means of a rather complicated apparatus, of specially pure oxygen gas. Even when this treatment becomes adopted in this Country, it will for a long time be an expensive form of treatment, and one not without some pain.

Fortunately, I am able to tell you of a similar treatment which is not at all expensive, but is



actually pleasant and invigorating. It is the use of Radox Bath Salts. When these chemical Salts are added to the water, you will see bubbles coming up in such great quantities that they form a white cloud in the water. These bubbles are composed of newly-formed and therefore highly active oxygen gas. Instead of having this *injected* under your skin, you can get it into your skin through its $2\frac{1}{2}$ million pores. You may ask what is the use of getting oxygen gas into the pores of your skin. The answer is a very simple one, namely, that if the fat which you consume is not "burnt up" or oxidised, it tends to accumulate.

Oxygen gas does the "burning" or oxygising, and is just as necessary to burn up fat as it is to burn coal, wood, etc. And the more oxygen gas you can get into your system, the more fat will be burned up, and the less there will be, in fact, to hamper the working of your heart and other parts of the body.

Directions for Radox Reducing Bath. Have your warm bath in the ordinary way, and when the warmth, soap and water have opened up all your pores, sprinkle six tablespoonfuls of Radox Bath Salts into the water, and then rub your limbs upwards towards the shoulders and hips. After that, massage the abdomen by a circular movement from *right to left*, beginning at the centre, and gradually widening the circle. Press gently at first, and then more firmly. This assists the absorption of the oxygen gas and other constituents of the Salts, and also stimulates the organs within the abdomen. After this, a brisk rub down with a quick, cold sponge after your bath will close the pores and prevent chills. Then retire immediately for the night.

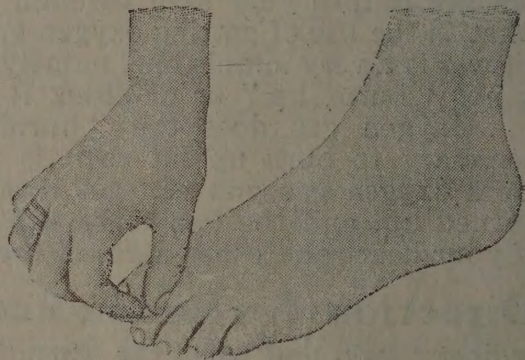
NOTE.—An ordinary Radox Bath with only 2 tablespoonfuls of Radox will have no reducing effect.

Lift out Corn—root and all

Cutting corns, or using a so-called corn solvent, is useless. You have probably tried and know yourself how the corn always comes back again painful as ever in a week or less.

The only satisfactory way to deal with an obstinate corn is to take a Radox Foot Bath once or twice: *you can lift the whole corn out with your fingers.*

There is nothing left to ache: the corn is bodily removed. A Radox enthusiast writes:—



Corn came out like magic.

"It is with great pleasure I send you this letter. I first used Radox about two years ago when I had a bad corn . . . I tried nearly every so-called corn cure without any relief at all, until some good friend persuaded me to give Radox a trial. I shall never forget the immediate wonderful relief I experienced with the first footbath . . . With the third bath the corn and root came right out and all pain and soreness disappeared; it was like magic."—3rd January, 1928.

M. N

Sole Manufacturers of Radox:—

E. GRIFFITHS HUGHES Ltd. (Estd. 1756), 68, Deansgate Arcade, Manchester.



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Wellcome
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